WINTERIM 2014

pick your passion

Lawrence Academy

HeadStart in Lowell (March 2013)
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Introduction

Winterim is the centerpiece of Lawrence Academy’s commitment to experiential education—learning in the concrete and physical world of activity as a complement to learning in the vicarious and symbol-filled world of traditional classrooms. It brings something different to our campus. It is an opportunity to explore a wider range of subjects and skills than is otherwise possible in a regular classroom, through risk-taking, discovery, inquiry, and reflection. It is a chance to learn in a variety of settings and from a variety of professionals. It encourages deeper, more intense faculty-student relationships as we redefine our roles as student and teacher in side-by-side endeavors. In short, Winterim reminds us that learning is not restricted to classrooms and that learning is a lifelong adventure and a joy.

Course Selection

On page 3, you will find the Course Sign-Up Form. Parents should take an early and active role in helping their children select courses which would be most stimulating and beneficial for them. Please note that some course descriptions include advisories with important information about health and skill requirements, as well as information about early departures and late returns. Since it is not possible for each student to get his or her first choice, students should consider their second, third, fourth, and fifth choices very carefully, as chance may easily put them in these courses.

Note: Students may not enroll in the same course twice during their time at Lawrence Academy.

Senior and junior selections are due by 3:00 p.m., Wednesday, December 4, 2013.

Sophomore and freshman selections are due by 3:00 p.m., Tuesday, December 10, 2013.

The later sign-up for sophomores and freshmen is designed to allow those students to see what courses remain open after senior and junior selections have taken place. Students who might not see their families prior to these dates can secure the necessary parent permission in two ways:

1. Having their families sign permission for a number of courses (more than five) over Thanksgiving vacation.
2. Having their families phone or fax permission to the school in care of David Smith, Winterim director.

Credit

Winterim is a graduation requirement and must be passed. If a student does not earn credit for a Winterim course, he or she will be required to make up the missing requirement during the following summer. To make up this obligation, students may either enroll in a two-week (or longer) Outward Bound course (or similar, approved program) or perform 50 hours of community service. In the event that a student selects the latter, the community service site coordinator must contact the Winterim director before approval will be granted.

Students should understand that all school rules, including the prohibition of alcohol and illegal drugs, remain in force during Winterim (both on and off campus). Violations will result in disciplinary action and could result in the loss of Winterim credit.

Absences

Winterim runs from Monday, March 3, until 3:00 p.m. on Friday, March 14. Given the short, intensive nature of the program, absences are not permitted. Any absences may result in loss of Winterim credit and will require summer make-up. Legitimate illnesses and emergencies will be dealt with on an individual basis, but the time will quickly come when too much of the course has been missed. In the spirit of course completion and group experience, early departures for vacation will result in automatic loss of credit.

Financial Aid

There are two sources of financial aid. The first is a fund established by the Saltonstall family in memory of their daughter Claire, class of 1976. The second is money raised in the annual Gagné Winterim Classic Golf Tournament. Although seniority is taken into consideration when evaluating financial aid requests, anyone in any class may apply for a modest grant.

In addition, seniors on financial aid may apply for Winterim aid through a special fund. The deadline for applications for financial aid is Monday, November 11, 2013.

To apply for assistance, juniors, sophomores, and freshmen must submit a letter to the Winterim director that outlines which courses they are selecting and how they feel they will benefit from taking these particular courses. Seniors need only inform the Winterim director in writing that they are interested in an award without providing a rationale. Preference is given to those seniors who have not yet been on a travel course, have received no Winterim scholarship aid in the past, and are already receiving financial aid from Lawrence Academy.

Financial Risk and Insurance

Once a student is placed in a course, the school begins to make financial commitments based on the expectation of the student’s participation in that course. For this reason, the family is responsible for the cost of that course even if the student must drop the course, regardless of the reason. Additionally, if their child needs to enroll in another course, the family is also obligated to pay the cost of the new course.

The risk of travel cancellations has increased greatly with the rising global threat of violence and pandemics. For this reason, all students in travel courses will be required to purchase travel insurance through a group policy offered by the school. School decisions about whether to cancel travel courses will be guided by the prudent monitoring of developing circumstances in individual locales and by State Department advisories.

The On-Campus Program

The on-campus Winterim program runs in the spirit of the off-campus program. Therefore, all boarding students are required to participate in evening activities that are designed to be enjoyable and to bring the residential community together. After dinner, Mondays through Thursdays, students either choose an activity from a few different options or participate in an activity for everyone. To help defray the cost of these activities, all boarders in on-campus courses will be assessed a $120 activity fee for the two weeks. Day students are welcome and encouraged to attend any of these activities by signing up for them in advance. They will be charged a fee on a per-activity basis.
Course Sign-Up Form

Student Name: ___________________________________________

Grade: 9th  10th  11th  12th  (Please circle one.)

Fill out both sides of this form completely and submit it to the director of Winterim by the deadline.

Senior and junior forms are due at 3:00 p.m., Wednesday, December 4, 2013.
Sophomore and freshman forms are due at 3:00 p.m., Tuesday, December 10, 2013.

Parents and guardians should take an active role in Winterim course selection. Final decisions about travel courses will be guided by developing circumstances and by State Department travel advisories. Please note that some course descriptions include advisories with important information about health and skill requirements, as well as early departures and late returns.

I hereby permit __________________________________________ to take the following Winterim courses:

1. __________________________________________ $  
2. __________________________________________ $  
3. __________________________________________ $  
4. __________________________________________ $  
5. __________________________________________ $  

In signing this permission, I/we assume the risk that, if my/our child must drop the course after being placed in it, I/we will remain responsible for the cost of the course. (See section on Financial Risk in the Introduction.) Deposits for off-campus programs will be billed as soon as course placement is confirmed.

________________________________________
Parent/Guardian Signature

Please complete the liability waiver on the back of this form. ➤
Liability Waiver Form

for Participation in the Lawrence Academy Winterim Program

The parties to this release are _____________________________________________________________ (student),
_____________________________________________________________________________________________,
(student’s parents or legal guardian if student is under 18, all referred to hereafter jointly and severally as “student”), and Lawrence Academy. The student, with the consent of the student’s parents or legal guardian, has chosen to participate in the Winterim program (hereafter “program”) during the month of March 2014.

Assumption of Risk
I understand and accept that participation in the program may expose participants to increased physical risks. Some of the risks which may be present or occur include, but are not limited to, those associated with the following activities (some of which may be associated only with certain trips): travel—by plane, automobile, boat, or on foot—snorkeling and swimming; the forces of nature (including, but not limited to, lightning, major storms, and strong sun); the physical exertion associated with outdoor activity and/or a rigorous exercise program; injuries inflicted by animals, insects, reptiles, or plants; unfamiliar or different food, drink, customs, laws, driving practices, diseases, and health care; and the hazards of traveling in steep terrain, including falling.

Adherence to Standards
Student understands and agrees to abide by all policies, rules, and regulations of Lawrence Academy and all rules, regulations, and laws of the respective countries to be visited. Student further agrees to obey all rules, directions, and precautions issued by Lawrence Academy or its representatives; by any associated individuals, institutions, or organizations; or by the United States Government.

Release of Liability
In consideration of participation in this program, I have and do hereby release and hold harmless Lawrence Academy and all its employees, trustees, faculty, representatives, and agents (hereafter, “released parties”) from any and all liability, actions, causes of action, claims, or demands of every kind and nature whatsoever and specifically any claim for negligence or negligent acts which may arise out of, or in connection with, the student’s involvement in the Winterim program. Student further releases and discharges the released parties from responsibility for any accident, illness, injury, or any other consequences arising or resulting directly or indirectly from student’s participation in the program. The student recognizes and agrees that the released parties assume no responsibility for any liability, damage, or injury that may be caused by student’s negligence or willful acts committed prior to, during, or after participation in the program, or for any liability, damage, or injury caused by the intentional or negligent acts or omissions of any other participant in the program, or caused by any other person. The terms hereof shall serve as a release, indemnification, and assumption of risk for the student’s heirs, executors, representatives, attorneys, and administrators, and for all members of the student’s family, including any minors. I agree that the foregoing obligation shall be binding.

Substantive Law
This release shall be construed and enforced in accordance with the substantive law of the Commonwealth of Massachusetts, without regard for its conflict of law rules.

I have carefully read this agreement and fully understand its contents. I am aware that this is a release of liability and a contract between me and Lawrence Academy and/or the affiliated organizations and sign it of my own free will.

______________________________        ______________        ________________________________________________
Student Name                                             Date                             Student Signature

______________________________        ______________        ________________________________________________
Parent/Guardian Name                               Date                              Parent/Guardian Signature

______________________________        ______________        ________________________________________________
Parent/Guardian Name                               Date                              Parent/Guardian Signature

Winterim 2014

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“The evils which we suffer in education—in the whole separation of knowledge and practice—all testify to the necessity of seeing mind-body as an integral whole.”

John Dewey
20th-century American educator
Adventures in Sailing

Ms. Lawler and Mr. Hawgood
Maximum students: 12
Cost: $2750

Advisory: All students must be able to swim! Although we make daily excursions on the islands, we will be staying in tight quarters on a ship, so students must be comfortable with life on the sea. A valid passport for U.S. citizens and additional travel documents for international students are required. The purchase of group travel insurance through the school is mandatory.

What will I do in this course?
Do you yearn for adventure on the open seas? Are you drawn to the ocean and marine life? If so, come sail the Caribbean! This hands-on course will provide students with experience sailing and exploring the wonders of the ocean. After flying to St. Martin, students will experience the joys and challenges of nautical life while sailing to St. Barts, St. Kitts, and St. Eustatia. While on the ship we will live with our skipper and a sailing instructor as we cruise throughout the Caribbean islands. Come on board!

What will I learn in this course?
Students will learn about the basics of sailing in both small and large boats, navigation, and marine ecology. Students will have a different focus each day. The lessons include: physical properties of the ocean, sailing theory, navigation, helmsmanship, Caribbean colonial history, marine conservation, and tropical reef ecology. While on the islands, students will learn about the culture and the physical properties of the islands on hikes, and students will perform community service on one of the islands as well. Students will maintain a daily log and journal reflecting on their experiences as well as the daily lessons learned.

Who will lead the course?
This course is organized through Broadreach, an adventure learning organization that runs trips and study abroad opportunities for students around the world. Broadreach has been organizing successful trips for over nineteen years, serving more than 12,000 students in thirty-five different countries. The boat will also have a qualified skipper and sailing instructor with local knowledge and experience working with Broadreach. LA faculty members Erin Lawler and Tony Hawgood are both avid travelers and lovers of the ocean who, between them, have traveled to more than forty countries via sea, air, road, and foot. Mr. Hawgood is also a SCUBA instructor with twenty-four years of SCUBA and skin-diving instructional experience as well as being a marine biologist and wilderness EMT.

The Arc of Opportunity

Dr. Haman and Ms. Sheff
Maximum students: 12
Cost: 0 - $175 (depending on the need to rent a van)

What will I do in this course?
Are you an outgoing person who enjoys getting to know different people? Is helping others something that you really like to do? During this course, students will spend each day volunteering at Arc Community Services, a center in Fitchburg, Mass., which provides employment and daily activities for adults with mental and physical handicaps. Students will help out by participating in a variety of activities with the individuals who attend the day programs there. The daily schedule will include taking part in craft projects and games, helping with educational training, assisting Arc staff with activities, and accompanying Arc participants as they go out into the community for recreation.

What will I learn in this course?
The goal of this course is to give students an opportunity to help others while they enrich their own lives by getting to know people who are different from themselves. Participants in this course will interact with Arc clients on an everyday basis, and they will learn about the challenges that individuals with special needs face in their daily lives.

Participants in this course will need to be actively and willingly involved in all activities. They should be friendly, outgoing, patient, and ready to extend themselves to join in activities and establish relationships with the people who attend the Arc’s programs. Students will also maintain a daily journal of reflections about their experiences. They will be expected to join actively in group discussion as well. Each student will submit a final essay based on personal reactions to the two-week experience.

Who will lead the course?
Lawrence Academy faculty members Jamyn Sheff and Mark Haman will lead the course. Ms. Sheff has worked with student volunteers at the Arc for more than ten Winterim experiences, and Dr. Haman has led three Winterim programs at the Arc as well as one at another similar day center. They will both be present and involved in all aspects of orientation, training, and volunteering. Staff members at the Arc will also work with Lawrence Academy students.
Beyond Monopoly: Modern Board Game Design

Mr. Dawson
Maximum students: 8
Cost: $250

What will I do in this course?
There is a world of board games that is well beyond games such as Monopoly, Risk, and Parcheesi in terms of design, depth, and complexity. Students in this course will be introduced to this world of modern games, the best of which are involved, deeply strategic, and tactical. Through play and discussion, we will analyze and categorize the games in order to understand their mechanics. Students will form into groups to develop their own game design. Prototypes will be built so that they can be test-played by everyone and revised. The goal for each group will be to produce a playable prototype for an original board game.

What will I learn in this course?
Playing a complex, well-designed game requires focus, patience, intelligence, and cunning. The interaction between the players can be both cooperative and competitive. Designing an original game with a small group will demand the students to be dedicated, creative, analytical, and intensely collaborative. Many of the principles involved and the skills needed in board game design are similar to those required for video game design and for many other creative professions.

Who will lead the course?
This course will be led by Zack Dawson, LA’s Arts Department chair, who plays chess and other strategic games on a regular basis. Professional game designers Kevin Spak and Sam Liberty of Spoiled Flush Games will be assisting at various points in the process. They have been designing games together since 2003. They were winners of Game Chef 2011 for their game Forsooth, and have been featured in the Boston Globe’s Ideas section.

Break it Down

Ms. Hallock and Ms. Horne
Maximum students: 16
Cost: $495

Advisory: This course involves many hours of energetic dancing each day. Students with leg, back, or shoulder injuries, or who are prone to back pain, are not advised to sign up.

What will I do in this course?
Always been intrigued by the breakdancers and hip hoppers out there who truly know how to break it down? Want to learn how to actually do the Dougie? Or maybe you just want to learn some moves to show off at the next school dance. Well, here is your chance. This course is dedicated to learning all about hip hop, breakdancing, and capoeira. Our days will be spent in full immersion of each of these dance genres. We will spend approximately three hours a day breaking it down and dancing with a professional in each field. We will also watch videos and documentaries that focus on each dance, as well as research the development of each genre and any important contributors. Two days will be set aside for each type of dance so students can have a full urban dance experience with each. In the last week, we will take everything we have learned, from the physical dancing to the research and videos, and create a culminating performance.

What will I learn in this course?
Course participants will receive an introduction and gain exposure to the three dance genres of hip hop, breakdancing, and capoeira. Students will learn not only how to perform these dances, but they will also learn how the dances are portrayed in popular culture as well as how they become part of our society. The final part of the course will be creating and performing a dance piece encompassing all three of these aspects. The performance will show students how to take all types of experiences—both physical and scholarly—and combine them to produce a final capstone presentation.

Who will lead the course?
Hannah Hallock and Kiley Horne are both first-year teachers at LA who have always been interested in the art of dance. They will serve as advisors and participants in the daily activities of the course. Students will study with professionals Lino Delgado and Mestre Chuvisco. Delgado has been teaching and performing both hip hop and breakdancing in Boston for over ten years. He is also the president of the hip hop and breakdancing company Floorlords Crew. Chuvisco has been teaching and performing capoeira in and around Boston for the past ten years as well to all ages and experience levels.
Build Your Own Kayak

Mr. Mucha
Maximum students: 10
Cost: $1165

What will I do in this course?
During this course you will learn a little about the different types of kayak designs, learn how to “loft” and layout a boat design, and both learn and employ the “stitch and glue” monocoque method of boatbuilding to produce your very own wood and fiberglass kayak. The boat you make and the skills you learn will endure a lifetime! Yes, you will magically transform a stack of plain wood and seemingly unrelated materials into a sleek 14’ craft that will race across the waters of gentle rivers, lakes, and protected ocean bays.

What will I learn in this course?
The birthplace of the kayak was almost certainly the inhospitable coast of Siberia. The people who eventually settled the Americas crossed from Siberia sometime during the last Ice Age when the land or ice bridge “Berengia” connected the two continents.

Can you dig it? Roman Archaeology in Italy

Ms. Steward and Mr. Greene
Maximum students: 12
Cost: $2750

Advisory: A valid passport for U.S. citizens and additional travel documents for international students are required. The purchase of group travel insurance through the school is mandatory. Note: This group will not return until March 15, 2014.

What will I do in this course?
You will work on an archaeological excavation at Monte Piantangeli near the Italian town of Tolfa, approximately sixty miles northwest of Rome. You will excavate for seven days at the site of a 10th-century monastery in order to discover the archaeological record of this beautiful location. Over the last three days, the group will travel to Rome to tour the Eternal City’s notable landmarks such as Vatican City, the Roman Forum, Colosseum, Pantheon, Trevi Fountain and other breathtaking sites.

What will I learn in this course?
You will learn the skills of an archaeologist: excavating, stratigraphy analysis, mapping, and cataloguing. You will use the tools of the trade, including trowels, brushes, shovels, and sifters. You will learn to identify and catalogue artifacts from a Medieval Italian site, and by examining archaeological records at Tolfa, you will learn about both the Etruscan and Roman sites in the area. A visit to the Tolfa museum will show how the site of Monte Piantangeli contributes to the understanding of the history of the region on a larger scale. You will research the exquisite architecture and purpose of the famous sites in Rome prior to our visit. We’ll also learn some of Italy’s beautifully spoken language!

Who will lead the course?
The excavation itself will be led by Gruppi Archeologici d’Italia, the largest association of archaeologists in Italy. Lawrence Academy has formed a partnership with Gruppi Archeologici d’Italia through the Winterim program to be the sole excavators of Monte Piantangeli. Holly Steward, school counselor, and Matthew Greene, NGP History teacher, will continue this course, now in its third year. Ms. Steward has led numerous international trips to the Turks and Cacos, Honduras, Belize and Ecuador. Mr. Greene most recently led a group to Ireland. Both are very excited to be “getting their hands dirty” in this truly ancient culture.
Chess

Mr. Curran and Mr. Zukauskas
Maximum students: 16
Cost: $225

What will I do in this course?
This course will allow students to explore the game of chess and learn why its depth and variations have fascinated players for centuries. Students will learn the basics through instructional talks and exercises and, most importantly, by playing the game with each other. Friendly competition will be encouraged as students try to outplay each other in a ladder format as well as during in-house tournaments. A professional player will attend several sessions in order to teach more advanced strategies and tactics.

As students’ skills increase, both their level of play and their enjoyment of the game will increase. Their knowledge and understanding of the game will be filled out through learning the history of the game and watching related films. Weather permitting, we will take a trip to Harvard Square in Cambridge to play at the public boards there. Students from beginners to experienced players are all welcome.

What will I learn in this course?
Chess increases a player’s ability to think both strategically and tactically. Remaining aware of the options, variations, threats, and potential attacks existing in every chess position hone the student’s perceptive abilities and memory. Many parallels can be drawn between the skills needed to excel in chess and the skills needed to succeed in life.

Who will lead the course?
LA faculty members John Curran and Paul Zukauskas are avid chess players and are eager to teach others the beauty and educational value of chess. Our outside professional is a highly rated player who once defeated the former World Champion of Chess in a simultaneous exhibition.

Clay and Kiln: Pottery Making

Ms. Beleno Carney and Mr. Engstrom
Maximum students: 16
Cost: $495

What will I do in this course?
Did you love working with Play Doh and were devastated when your creations dried up and cracked apart? Do you have an interest in exploring design, creation, and completion of work that will last forever? Then pottery making is the perfect course for you to perfect your skills.

This class will focus on the simple hand-building techniques of pinch, coil, and slab. Utilizing these techniques, we will shape the clay into cups, bowls, and other unique objects, including instruments. There will also be the opportunity to learn and practice making pottery on the wheel. Surface decoration will be explored through imprinting objects to create textures, painting colored slips, and relief carving. Our pottery will be fired and glazed, making it durable and food-safe.

After working on several projects for themselves, students will use the last few days of the course to make a series of bowls to be donated to an organization modeled on the Empty Bowls project to support a local fundraiser to feed people in need. To learn more about Empty Bowls, visit http://www.emptybowls.net

What will I learn in this course?
Students will learn about the history of ceramics and different techniques and firing methods used all over the world. Each day we will practice and improve hand-building skills and sculpting techniques and see projects through from inception to completion. We will also explore the relationship between the natural world and the art we create. Students will share their ideas and build objects both communally and individually. In the culminating days, there will be a wrap-up discussion, evaluation, and critique of the work created during the course. Students will be evaluated on their participation and practice.

Who will lead the course?
Shana Brautigan will serve as our expert instructor. Brautigan owns her pottery studio, Rooted in Clay, and is a teacher for burgeoning artists of all ages. She is an expert in building wood-fire kilns and is listed on the New Hampshire State Council on the Arts and Arts in Education and Community Arts Roster (www.rootedinclay.com). Faculty leader Elena Beleno Carney teaches English and Steve Engstrom teaches science. Both are eager to learn more about ceramics alongside the students, support students to take risks in their work, and have fun.
Mr. Bashir and Ms. MacMeekin  
Maximum students: 16  
Cost: $2750

Advisory: Students may be required to have certain vaccinations. A valid passport for U.S. citizens and additional travel documents for international students are required. The purchase of group travel insurance through the school is mandatory. Excursion days will include light hiking and swimming.

What will I do in this course?  
Do you enjoy spending time with kids? Building, painting, or working outside? Sliding down waterfalls? Exploring a new culture? Learning a new language? How about doing all of this in a beautiful tropical setting AND making a big difference in the growth and education of an entire community? The Mariposa DR Foundation in the town of Cabarete is a center dedicated to supporting the young women from disadvantaged families. Their mission is rooted in the mission of the Girl Effect and they are wholly dependent upon donations to do this vital work. Students will spend their days working to improve the foundation’s facilities and teaching and playing with the girls who come there after school to learn and to play. To learn more about the Girl Effect, you can watch this powerful video, http://www.youtube.com/watch?v=1e8xgF0jTvg, and visit www.girleffect.org. You will immerse yourselves in Dominican culture by visiting the homes of some of the girls, taking a river excursion to a beach where you will learn how to fish with nets, dig for crabs, and enjoy a beach barbeque. You will also get a taste of jungle adventure as you spend a morning climbing, sliding, and jumping along the famous Damajagua waterfalls.

What will I learn in this course?  
The experience of visiting an area of significant poverty and working side-by-side with people of another culture can be life-changing. You will have intercultural experiences that will allow you to learn as well as to teach. Having the chance to make friends and get close to the children of this area in the Dominican Republic will also give you the chance to experience a different language in an immersion setting.

Who will lead the course?  
Our work on the island will be overseen personally by Ms. Tricia Suriel, executive director of the The Mariposa DR Foundation. Most recently, Ms. Suriel was awarded the Crystal of Hope in Vienna, Austria. She has also received the Outstanding Citizen Award from the U.S. Embassy in the Dominican Republic, which recognizes contributions made by a U.S. citizen overseas. Lawrence Academy has worked with Ms. Suriel’s organization on eleven previous trips. This year, Ms. Suriel has also become an active member of the LA family as a current parent.

Lawrence Academy leaders will be English teacher Khalid Bashir, and science teacher Alyssa MacMeekin, who are both excited to be working and exploring in the Dominican Republic.

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Ms. Mordenlo and Mr. Sugerman  
Maximum students: 16  
Cost: $850

Advisory: Course begins Sunday, March 2. Some of the required time during this course will be in the evenings, when we will be out on field trips.

What will I do in this course?  
“Brilliant!” … “I laughed! I cried”… “this Winterim changed my life!”

Hopefully this will be the review you’ll write of the Winterim we’re calling Everyone’s a Critic. New England offers some of the most amazing cultural and arts events happening in the whole country, and we’ll spend days and nights seeing film, music, dance, theatre, and visual art around the Boston area. We’ll determine which of those performances and exhibits we see are worth seeing, and we’ll spread word by creating a blog of reviews.

What will I learn in this course?  
While much of our time will be spent traveling to events and cultural destinations, gaining an appreciation for a variety of art forms, we will also spend time on campus at LA, learning how to bring an intelligent and critical eye to writing a review. In addition to critical writing skills, students will create an online blog as a forum for their writings.

Who will lead this course?  
Dina Mordenlo and Joel Sugerman both teach in the Arts Department at Lawrence Academy and are also professional artists in their fields. Ms. Mordenlo is a painter and visual artist, and Mr. Sugerman is a performer and creator of theatre. Both love taking advantage of the local performing and visual arts scene and are hoping that they can spread that enthusiasm to students.
From the Ground Up: Transforming a Mountain Village in the Dominican Republic

Mr. Moore and Ms. Schneider
Maximum students: 16
Cost: $2,750

Advisory: Students may be required to have certain vaccinations. A valid passport for U.S. citizens and additional travel documents for international students are required. The purchase of group travel insurance through the school is mandatory. Excursion days will include light hiking and swimming.

What will I do in this course?
From the Ground Up is an intensive community development service project with a global citizenship component. The goal of this program is to improve the quality of life for the people in the underserved mountain community of El Mango. LA students will offer tutoring sessions, English language instruction, and will be “running” recess at the local school. When not working at the school, LA students will work with the townspeople to help finish the construction of a partially built community center.

What will I learn in this course?
LA students will participate in authentic, mindful, carefully considered service that sparks curiosity and opens doors to natural and structured introspection. In the Dominican, students will plug into life in El Mango and get to know the people and assist in improving their quality of life. Students will enhance their own problem-solving skills as they collaborate with locals to effect positive and sustainable change in the community.

Finally, in order to give a complete vision of what the Dominican Republic has to offer, the participants will have opportunities to take a Bachata dance class, snorkel along the barrier reef off Punta Rusia, and jump in the Rio Jeminova and experience its spectacular waterfalls.

Who will lead this course?
Rob Moore and Kacey Schneider will be the two LA faculty members running the course. Rob is assistant head of school and teaches Spanish. Kacey teaches history in the CSC and is also fluent in Spanish. In the Dominican Republic, Rob and Kacey will be joined by two leaders from Education First, Ekow Edzie and Hector Gonzalez.

Ekow Edzie is a graduate of Middlebury College and is a former Peace Corps volunteer in the Dominican Republic. His project with the Peace Corps supported the development of the communities surrounding a protected environmental area through promotion of ecotourism projects. Hector Gonzalez has a BA in Industrial Engineering, a Master’s degree in Integrated Watershed Management, and teaches at the Dominican Republic’s National School for the Environment and Natural Resources.

Hawai’i Island: Ua Mau Ke Ea O Aina I Ka*

Ms. McKenna and Ms. Heatley
Maximum students: 14
Cost: $2750

Advisory: Students must be able to meet the physical demands of hiking considerable distances over rugged terrain. The purchase of travel insurance is mandatory.

What will I do in this course?
Can you translate the motto above? Did you know that service learning is a two-way street? Come to Hawai’i Island and see for yourself how learning about the Hawaiian culture, while giving back to the community, can be a life-altering experience. We will work on projects in three distinct locations on Hawai’i Island. At the Kua O Ka La public charter school in Puna, we will perform agricultural and agroponic tasks in the school gardens; in Volcanoes National Park, we will plant trees in an ongoing reforestation program; and, in the Waipio Valley, we will practice ancient farming techniques in the kalo (taro) fields that line the valley floor. Along the way, we will also explore black sand beaches, swim in pristine waterways, and attend a Luau.

What will I learn in this course?
You will learn why *The Life of the Land is Perpetuated in Righteousness and why the land and righteousness are fundamental to the Hawaiian culture. Our hosts introduce us to their language, history, science and storytelling and will teach us why the myths of Hawaii are still so relevant today. Ultimately you will write your own myth.

Who will lead the course?
Professional guide Kalia Avery, who has been leading trips in Hawai’i for more than twenty years, will accompany our group from start to finish. Avery is an expert on the human and natural history of the Hawaiian Islands. At each of our sites we will be joined by local experts. Susan McKenna, school nurse, and Caroline Heatley, associate director of athletics, veterans of numerous Winterim programs, will be the faculty leaders.

Winterim 2014
HeadStart in Lowell and Lawrence

Mr. Mitchell, Mr. Bates, Mr. Gagnon, and Mr. Woo.
Maximum students: 32
Cost: $0 – $125 (depending on the need to rent a van)

Advisory: Students in this course must be immunized against tuberculosis. The Lawrence Academy Health Center can provide such immunization if needed. Each participant must provide proof of prior immunization in writing before February. The fee for transportation will be shared equally by all participants.

What will I do in this course?
The goal of this course is to provide an experience through which we can serve families who are in poverty and the tireless teachers who practice their wonderful work in early education in this important national organization called HeadStart. Our students will work as classroom teachers for two weeks at HeadStart facilities in Lowell and Lawrence, where three- and four-year-olds come to school every day. Each participant will work with a professional, an aide, and about twenty children in a classroom and on the playground, assisting a teaching team throughout the day.

What will I learn in this course?
We will learn more about children in poverty and about early childhood education by working as a teacher at HeadStart.

Participants will also be required to spend time daily outside the classroom with our group, discussing what we are seeing. Each participant will be expected to maintain an informal, daily journal of reflections. Finally, each student must submit a formal piece of writing based on the two-week experience to be published on the Winterim blog.

Who will lead the course?
Four faculty leaders will supervise. In Lowell, Ned Mitchell is an NGP teacher and a many-year veteran of this Winterim. Jarred Gagnon is a math teacher looking forward to going to Lowell for his fourth year. Zack Bates is a new faculty member, eager to join us all. Math teacher David Woo will again be heading up the group going to the Lawrence HeadStart facilities.

Kayaking Costa Rica: The Wild Osa Peninsula and the Golfo Dulce

Mr. Burkholz and Ms. Friend
Maximum students: 16
Cost: $2750

What will I do in this course?
This will be an outdoor kayaking trip exploring the Golfo Dulce off of the Osa Peninsula, famously described by National Geographic as the ‘most biologically intense place on earth’ and certainly the most picturesque and pristine spot in Costa Rica. The peninsula protects the Golfo Dulce from the powerful Pacific, attracting groups of whales and dolphins to its tranquil waters. During the kayaking portion, students will kayak, fish, and snorkel from four base camps on four different islands. Students will experience cultural interactions with the local inhabitants, including the Guaymí Indians. Students will also explore the Pacific rainforest, which is crammed with life from army ants to macaws to tapirs and four species of monkeys. Students will cook and clean the fish that they catch. Students will help cook meals, prepared local style (and taught by native inhabitants), to complete the experience. While this expedition will be exciting and adventurous, safety will be our first concern.

What will I learn in this course?
Students will learn basic and advanced paddling strokes, navigational skills and how to use Costa Rican handlines and nets to fish. Students will be learning about the island ecosystems and marine ecology. Students will also be taught basic snorkeling skills so that they can snorkel amongst the most diverse array of sea life in the area. While exploring the Pacific rainforest, students will learn about the local habitat. Students will learn about the local native inhabitants’ cultures, including that of the Guaymí Indians, the earliest inhabitants of the Osa. Students will also learn how to clean and cook the fish that they catch. There will be numerous opportunities to gain leadership and communication skills and build personal confidence through group activities.

Who will lead the course?
Vince Lamain and Matias Flores of Mr. Tico Adventure will be our guides. They have worked as naturalist and adventure travel guides in the Costa Rican tourism field for over 20 years combined. They have professional training in tourism and leisure management, environmental sustainability, business, first aid, vertical rescue, swift water rescue, wilderness first responder, and more. They founded Mr. Tico Adventure in 2007 and have worked primarily in Costa Rica, but also led our recent trip to Panama.

The session leaders are Mark Burkholz, who has been the director of technology for 20 years and has co-led the LA Outdoor Program for 19 years, and his wife Sheara Friend, an attorney. The two outdoor adventure enthusiasts have co-led eight travel Winterims, and Ms. Friend accompanied her husband on two additional trips that he led.
LEAD: Leadership Experience and Development

Mr. Karp and Mr. Margraf
Maximum students: 12
Cost: $1100

What will I do in this course?
Have you ever dreamed of leading a group up a mountain? On a sports field? At a summer camp? In the classroom? Then this course is for you. You will travel to Camp Takodah, where you will learn and practice leadership skills in an outdoor adventure setting. Most of our time will be spent outdoors and will include such activities as low ropes courses, high ropes courses, natural history walks, and hiking. We will sleep in one of the many heated cabins at Camp Takodah and return to campus for the middle weekend of Winterim.

What will I learn in this course?
You will learn how to read group dynamics, how to facilitate activities, and how to help people find meaning in both success and failure. You will learn how to challenge people to push themselves beyond their comfort zones and to achieve beyond what they thought they could do. Your teaching skills will be put to the test and developed in an outdoor, experiential setting; you will also learn how to transfer those skills to your everyday life. You will keep a reflective journal throughout the course. You will be evaluated on both your participation and your journal.

Who will lead the course?
Chris Margraf, a sixteen year veteran of Lawrence Academy, teaches math and serves as a college counselor. He led the Sports Journalism Winterim a number of times, and, as the varsity baseball coach, he has led the team on spring training trips to Florida. Arthur Karp teaches history at Lawrence Academy. He has led off campus Winterim trips to such places as Costa Rica, Slovakia, and Israel, and he has led a variety of on-campus Winterim activities during his tenure at Lawrence Academy.

Practice Makes Person: An Introduction to Mindfulness and Why It Matters

Mr. Scheibe and Ms. Aubert
Maximum students: 16
Cost: $950

Advisory: Participants must be willing to listen carefully both to themselves and to others. Although some internal resistance to meditative and contemplative practice is natural, an open mind and heart are critical for the group’s experience of the course.

What will I do in this course?
In short, you will train yourself, through practice, to understand the basic working of your mind—in so doing, you will come to a deeper understanding of yourself. The form of practice we will engage—mindfulness—will simultaneously introduce you to thousands of years of spiritual tradition and to a first-hand experience of the present moment. From beginning to end, you will engage in essential mindfulness practice: breathing, attention, physical awareness, and movement exercises. The first week of the course will be spent engaged in practice, experience, and discussion on campus, and the second week will take place at the Wonderwell Refuge retreat center in New Hampshire, which will allow a facet of nature/wilderness experience as a part of practice. Throughout, we will read (and watch and listen and write and discuss) enough to enhance our practice but not so much as to take away from our first-hand experience of our own attention and awareness.

What will I learn in this course?
The central focus of the course is an introduction to the practice of mindfulness: Jon Kabat-Zinn's definition of mindfulness is as follows: “Paying attention, in a particular way, on purpose, in the present moment, without judgment.” Mindfulness practice has been shown to increase self-awareness and self-regulation, manifest in many ways, including (as research is affirming, with increasing confidence) concentration, learning retention, inner resiliency, self-esteem, and stress management. In addition to these inner practices, students will engage in honest and genuine discussion with their peers over topics that have huge impact on their lives: relationships, social conditions, risk behaviors, motivations, goals, and personal challenges.

Who will lead the course?
Lawrence Academy faculty members Carey Aubert and Dan Scheibe have active and sustained interest in meditative and contemplative practice, both through yoga (primarily Ms. Aubert) and implementation of mindfulness practice as a part of spiritual and ethical education in the high school setting (primarily Mr. Scheibe). Jess Morey, who will facilitate the on-campus week, is the Executive Director of iBme and has led thousands of teens on hundreds of retreats, becoming perhaps the foremost practitioner of this type of mindfulness education. Doug Worthen, who will help with the second week of the course, initiated, with Mr. Scheibe, the now well-established and well-received introduction to Mindfulness program at Middlesex School.
Project Peru: Service and Culture in the Land of the Incas

Ms. Cronin and Mr. Igoe
Maximum students: 16
Cost: $2750

Advisory: This course may involve physical challenges, such as occasional moderate to heavy hiking. Students should also be prepared to camp in a rural village for four nights. Students may be required to have certain inoculations. A valid U.S. passport for U.S. citizens and additional travel documents for international students are required. The purchase of group travel insurance through the school is mandatory.

What will I do in this course?
Want to give back to one of the most ancient cultures in the world? Join us for the Winterim experience of a lifetime in the “Land of the Incas”! In this course, you will be able to give back to the Peruvian people while experiencing firsthand their rich history and culture. We will be assisting Peruvians in building cleaner stoves for their homes, and we will be teaching English and art in a cultural exchange in a non-profit elementary school and working with the children. We will be learning about the culture and heritage by helping local inhabitants. In between our service projects, we will visit Machu Picchu, the capital of the ancient Inca civilization and one of the world’s most spectacular archeological sites.

What will I learn in this course?
Peru is home to one of the most ancient civilizations in the world, and Cusco is one of its oldest cities. Cusco’s remote location 11,200 feet above sea level, high up in the Andes Mountains, makes for a more primitive lifestyle for its inhabitants. Over two million people each year in developing countries die from smoke inhalation from primitive cooking methods. By building cleaner stoves, we will be helping to modernize a task we take for granted. Our school has given us the opportunity to travel to Peru, so what better way to give back than by helping another school? Helping out in an elementary school and building cleaner stoves are rewarding projects that will change the lives of everyone involved.

Who will lead the course?
Damon Corkin, a Lawrence alumnus from the class of 1995, is the director of Andean Discovery, the outfitters who have organized and will lead our adventure (www.AndeanDiscovery.com). Trained Andean Discovery guides will be with us for our entire stay.
Courtney Cronin, a French teacher who went to Peru last Winterim, is excited to return to the cornerstone of the ancient Incan civilization to help out its inhabitants. Colin Igoe, an English teacher who led a trip to the Caribbean last Winterim, is an avid traveler and is excited to experience and give back to Peru.

Quilting is Sew Easy

Ms. Moseley and Ms. O’Connor
Maximum students: 16
Cost: $435

Advisory: Students must have the use of a portable sewing machine during the two weeks of Winterim.

What will I do in this course?
In this course you will be making beautiful quilts that reflect your creative ideas. Over the course of two weeks, you will produce a minimum of two quilting projects, one of which will be donated to the community; the other, you can take home! You will be able to choose between using traditional patterns or newer techniques like T-shirt quilting to display some unique expressions of yourself. You don’t need to consider yourself a great artist; we will help you with the required design elements. As a service to your community you will be producing an “I Spy” quilt and booklet to give to a local children’s group. This project will help you learn basic sewing techniques while giving you a chance to create an educational and entertaining quilt for young children to enjoy.

What will I learn in this course?
You will learn basic sewing and design skills. You will learn to design, plan, cut, piece, fill, back, and tie your quilts. This is a simplified process which does not require previous sewing experience. You will also learn to use the tools of the trade: sewing machine, needle, thread, rotary cutter, iron, and, inevitably, the seam ripper. To complete your community service quilt, you will learn about early childhood development to create a quilt appropriate for a target age group. Depending on our time, we may be able to visit a quilting museum to learn more about the historical and cultural significance of this traditional art form. You will be evaluated on the completion of your two projects by the end of Winterim.

Who will lead the course?
Science teacher Cindy Moseley and language teacher Jenn O’Connor have led this course in years past and enjoy creating quilts and learning new skills along with the students.
Revenge of The Horror, The Horror!

Mr. Cabot and Mr. Scott Smith  
Maximum students: 16  
Cost: $775

What will I do in this course?
INT. Dorm hallway
AARON shuffles down the hall to the bathroom, dragging his BARE FEET along the carpet as a DIRTY, RIPPED TEDDY BEAR hangs from his fingers. When he reaches the bathroom, he looks up at the MIRROR, revealing his sickly, BLISTERED face for the first time. Seeing his warped reflection, AARON grins.

How would you capture this scene on camera? In the return of this horror film course, we will divide into small teams and help each other shoot short movies. Friendly competition and supportive criticism will stimulate the creativity as we build towards a festival night in the theater to showcase each film. Production values will be high as we incorporate professional standards of filmmaking. We will spend our time together viewing movie scenes, writing, planning, rehearsing, lighting, recording sound, filming, scoring music and sound effects, screening dailies, and editing.

What will I learn in this course?
The purpose of this course is to engage students with the elements needed to form an audio-visual work of art. Two teams will go head-to-head working with on-camera visual effects (no computer generated imagery will be used). Latex makeup, fake blood, and prosthetic body parts are some of the tools we will learn to employ. Students will be pushed to be disciplined and engaged team players. Ambition and imagination will be praised, utilized, and required. Students can expect to improve their writing, planning, negotiating, time management, and organization skills as well as to develop a healthy tolerance and respect for others’ methods and ideas. Of course, students will be shown the practical skills of camera work, lighting, scene control and direction, and editing. As the tools for creation are made available, safety and personal responsibility will be strongly enforced.

Who will lead the course?
Russ Jaquith and Christy Kovacs, professional filmmakers (Stolen Good, Oxy-Morons), and Ben Bornstein, professional makeup artist advanced instruction for a third year in a row. Lawrence Academy Spanish teacher Nate Cabot and NGP Arts teacher Scott Smith worked together last year and lead this horror film course again; this is Mr. Cabot’s fourth year making horror films with students.

Social Media Showcase: Winterim 2014

Ms. Poulin  
Maximum students: 3  
Cost: $100

Advisory: Students need to be comfortable using a computer and typing a lot; they will need a personal email account in order to join or create various online accounts. Students will be writing or reporting and creating visual/virtual media every day by using a computer and/or other devices.

What will I do during this course?
Winterim needs to be celebrated, viewed, talked about, and shared with others. We need 2-3 students who are interested in taking on the challenge to encourage and support faculty, students, parents, and others to use social networking to document and celebrate Winterim 2014.

LA is looking for 2-3 students who like...
• Using Facebook • Taking digital photos • Tweeting
• Making short videos • Blogging • Using iPads
• Writing short news stories or creative status posts
• Social networking • Using smart phones
• Instant access and immediate feedback

Participants must be highly interested in using social networking (html skills are not necessary), believe in doing quality work, be willingness to perform some pre-Winterim work with faculty and on the internet and some tasks beyond the “standard” Winterim day (i.e. documenting evening activities, checking comments, etc.), and enjoy being part of a team working on a multimedia project.

What will I learn in this course?
The purpose of this course is to engage students with the elements needed to form an audio-visual work of art. Two teams will go head-to-head working with on-camera visual effects (no computer generated imagery will be used). Latex makeup, fake blood, and prosthetic body parts are some of the tools we will learn to employ. Students will be pushed to be disciplined and engaged team players. Ambition and imagination will be praised, utilized, and required. Students can expect to improve their writing, planning, negotiating, time management, and organization skills as well as to develop a healthy tolerance and respect for others’ methods and ideas. Of course, students will be shown the practical skills of camera work, lighting, scene control and direction, and editing. As the tools for creation are made available, safety and personal responsibility will be strongly enforced.

Who will lead the course?
This leadership opportunity will be supervised by certified teacher and LA faculty member, Kimberly Poulin. She has eighteen years of teaching experience and has documented three previous years of Winterim. She has a solid understanding of how to use social media to document experiential learning experiences like Winterim.

Follow us on twitter, facebook and blog spot

Winterim 2014
15
**The Something for Nothing Players—Touring Children’s Theatre**

Ms. Cooper and Ms. Hansen  
Maximum Students: 12  
Cost: $300-$550 (depending on enrollment)  

**What will I do during this course?**  
Members of the cast and crew of The Something for Nothing Players will produce a musical show for children and take the production on a whirlwind tour! This year’s shows will be chosen from a collection of scripts based on children’s stories like those of The Paper Bag Players, a famous children’s theatre troupe based in New York City. After a week of high-energy rehearsals and the construction of a portable set, our company will put on four days of performances as we tour elementary schools and children’s libraries throughout New England. You will probably have to sign autographs and pose for pictures with your new fans after rewarding question-and-answer sessions following each performance! For some in the audience, the performances will be their first taste of “live” theatre. Students will get up early, travel a few miles, and learn to live out of a suitcase as they experience the life of an actor/musician “on the road.” This repertory experience, which includes singing, non-singing, and technical positions, will combine the best of the touring and production processes to create an unforgettable experience. You will also have a chance to attend a theater performance as a cast.

**What will I learn in this course?**  
You will learn the basics of performance and design through the production experience. You will adjust and adapt to performing in gyms, cafeteriums, and other unusual venues. You will learn about early childhood education and the value of storytelling. You will also learn about everything it takes to be part of a company “on tour.” In addition, you will participate in reflective discussions and keep a journal to examine your own creative process as it relates to theatre production and early childhood education.

**Who will lead this course?**  
Jenny Cooper is the director of music at Lawrence Academy, where she is also part of the leadership for the winter musical production. Though primarily a singer and conductor, holding both a B.A. in Vocal Performance and Pedagogy and a M.M. in Choral Conducting, Ms. Cooper has also directed and musically directed five productions including student-created shows. Ms. Hansen is a certified K-12 music educator, vocal pedagogue, and musical theatre director. She specializes in K-6 music curriculum and development and holds a B.S. in Music Education and B.A. in Vocal Performance and Pedagogy. She has sung lead roles in opera and musical theatre productions. In addition, she is a skilled pianist and musical theatre director, having worked as an accompanist and music director for both summer stock and university productions.

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**Special Olympics Winter Games Volunteers**

Mr. Kris Johnson  
Maximum Students: 8  
Cost: $350  

Advisory: Students in this course will be required to work at the Special Olympics Winter Games during the weekend in the middle of Winterim, March 8 and 9.

**What will I do in this course?**  
Do you enjoy playing sports? Did you ever think about sharing your time and talents to help other athletes? Well, here is your chance to shine and help out your fellow athletes at the Special Olympics Winter Games. Students will volunteer daily at Yawkey Sports Training Center in Marlborough, Mass., and assist on the weekend with the Special Olympics Winter Games. The Winter Games will be held all day on Saturday, March 8, and Sunday, March 9, at various venues throughout the Worcester area. Each day, students will leave Lawrence Academy at 9:00 a.m. for the Yawkey Sports Training Center and return around 3:00 p.m.

Some duties include organizing and preparing shirts, medals, and posters for the Winter Games. On the weekend, students will get a chance to interact with Special Olympics athletes.

**What will I learn in this course?**  
The goal of this course is to gain an understanding and appreciation for the Special Olympics. Students will learn about the various rules that are modified for each winter sport. Students will also maintain a daily journal to reflect upon their own unique experiences. Everyone will be expected to actively join group discussions from time to time. Students will submit a final essay, which will focus on their direct volunteer efforts at the Winter Games.

**Who will lead this course?**  
The staff of the Special Olympics will direct and oversee our work. Lawrence Academy Administrative Intern/Head Boys’ Basketball Coach Kris Johnson will be working alongside the students through all aspects of this course.
Sports Journalism

Mr. Wiercinski and Mr. Culley
Maximum Students: 13
Cost: $1225

What will I do in this course?
Does the life of a sportswriter seem exciting to you? Would you like to find out what it’s like to write against a deadline? To interview professional athletes? For ten days you will experience the life of a sports writer. Activities and events include touring The Boston Globe, WEEI, and the Basketball Hall of Fame and watching regional sporting events such as the Big East Tournament, Boston Bruins, and Celtics games. After each game, our journalists will write game articles to capture the action for our readers. Additionally, students will write feature articles based on interviews of the athletes and sports figures and observations of the sporting world. You will be under pressure to complete your articles and to muster up the courage to interview players and fans. You will also have the opportunity to create, design, and complete your own magazine, which will contain the articles written during the two-week course. This course will force you to work hard, but you will learn a great deal and have a lot of fun in the process. Although this course is “on-campus,” we will take a 3-day trip to NYC to see the Big East Men’s Basketball Tournament and other metropolitan sports and media outlets.

What will I learn in this course?
This course will educate students about the life of a sports journalist. Participants will receive an introduction to the ins and outs of sports journalism and newspaper reporting. With the help of some preliminary instruction in accurate and concise writing and provocative interviewing, would-be sports writers will learn how to write effective game and feature articles. Participants are expected to complete a magazine that will be created and distributed to the Lawrence community.

Who will lead this course?
Lawrence Academy faculty members Kevin Wiercinski and Michael Culley, both members of the history department and coaches of multiple sports, will lead this course. Mr. Wiercinski will lead this course for the twelfth time. Mr. Culley returns to this course after a year away. It will be his sixth Sports Journalism experience.

Stained Glass Creations

Ms. Breton and Mrs. Pietsch
Maximum students: 16
Cost: $685

What will I do in this course?
Have you ever looked up at a church window in awe or marveled at a Tiffany panel in a museum? Or perhaps you saw a lamp over a table in Applebee’s and wondered, “How did they do that?” In this course you will get your chance to find out! You will be able to create your own design for two stained-glass panels in the Tiffany style. No previous experience is necessary. Using your own design, you will cut, shape, and bond glass pieces into a kaleidoscope of light, form, and color. As time permits, you will have the opportunity to create sun catchers and other small pieces.

What will I learn in this course?
First, you will learn the techniques for safely cutting, grinding, and fusing glass. Through your work on a novice project, you will learn to use a glass cutter to shape and smooth each piece from a larger sheet of glass. Then you will use the copper foil and a soldering gun to fuse pieces together. After learning to use each tool in your kit and practicing these techniques, you will begin to work on your individual project. Each day you will see your design take shape bit by bit. You will wear an apron to cover your clothes and goggles to protect your eyes from flying chips and bits of glass. Minor cuts from handling glass are commonplace in this work, but the satisfaction you will get from your progress will be worth it. Following safety procedures, participating daily, and finishing your projects will signal a successful completion of the course.

Who will lead this course?
The course will be led by Randy Gagne, owner of The Glass Menagerie in Leominster, Massachusetts. Mr. Gagne designs and creates stained glass for his store and also does restorations and custom work. He has led this course many times. Leslie Breton teaches math and has worked with stained glass for several years. Maria Pietsch teaches Spanish and will be working with Stained Glass Creations for her second year.
The System

Dr. Ellsasser and Mr. Feigenbaum
Maximum students: 12
Cost: $995

What will I do in this course?
This course will take a close look at the United States legal system and a broader look at its context within the overall political system. The first week of the course will be spent in the Boston area observing real criminal and/or civil trials and potentially visiting a prison, meeting with a state legislator, and observing a legislative session at the State House. The second week of the course will be mostly spent in Washington, D.C., where we will observe sessions of the House of Representatives and Senate, visit governmental sites such as the Supreme Court and Congress, and tour commemorative and cultural sites such as the Holocaust Museum, Vietnam Memorial, and Library of Congress.

What will I learn in this course?
We will learn about “the system” in daily practice. We will see the problems facing lawyers, lawmakers, judges, and politicians in administering our system of law and justice. We will see what it’s like to be an attorney, how the judicial system works, what a courtroom looks and feels like, and the difference between civil and criminal law, and we’ll also touch upon the consequences that occur when a legal/political system breaks down. Through visits with officers of the court, politicians, and visits to courthouses, Congress, and other sites, students will see firsthand what it really means to work in the legal system in the United States.

The students will gain exposure to careers in the legal field, begin to understand the complexity and vastness of the legal/political system, examine parts of the justice system from crime to corrections, and observe the differences in the federal and state systems.

Who will lead the course?
The faculty members leading this trip are Brian Feigenbaum and Chris Ellsasser. Mr. Feigenbaum, a dance and history teacher at Lawrence Academy, is also a graduate of Boston University School of Law and a member of the Massachusetts Bar since 1984. Mr. Ellsasser, Lawrence Academy’s director of studies, is married to a former District Attorney for the county of Los Angeles.

Turn, Baby, Turn!

Dr. Greene
Maximum students: 8
Cost: $1200

Advisory: Working with wood while using power tools creates sawdust. We will have dust masks and air filters, but this course is not suitable for students with severe sawdust allergies. (Students with mid-strength allergies should be OK in our working environment.)

What will I do in this course?
Have you ever wanted to hit a homerun using a baseball bat you made? Have you ever wanted to eat cereal from a bowl that you crafted yourself? A lathe is an ancient woodworking tool on which a piece of wood spins. By applying tools to the spinning wood, a woodworker can create any number of things from toys to platters to baseball bats. This process is called ‘turning.’ Safely turning wooden objects is incredibly fun and rewarding; results are immediate and exciting.

What will I learn in this course?
In Turn, Baby, Turn! you will learn woodworking techniques that have been in use for over 2,000 years. Depending on your individual interests, you will then use these skills to create tops, candle sticks, bowls, baseball bats, Christmas ornaments, and abstract art pieces. When done properly, turning is quite safe. Safety is emphasized at all points in this course, and students will be expected to follow all safety rules rigorously.

Who will lead the course?
Ken Lindgren is a full-time wood turner and has been teaching lathe work for many years, both to adults and to high school students. His personal work can be viewed on his website at www.walksoftlywoodart.com. Barbara Greene is a science teacher at Lawrence Academy. She has completed many projects finishing and restoring furniture and is looking forward to learning to use a wood lathe.

A note about the cost of this course: Woodworking tools are not inexpensive, but tools of poor quality are often less safe and more frustrating than they are worth. The cost of this course includes the purchase of a good-quality lathe, tools, and safety equipment for each participant. Students will be able to take their new tools home at the end of the course so that they can continue turning during spring break and for the rest of their lives. Students not interested in keeping them may ask for help selling them to local woodworkers, thus recouping some of the cost of this course.
Underwater Discovery

Mr. Scott Johnson and Mr. Brescia
Maximum students: 16
Cost: $2750

Advisory: This course is for those with no diving experience. The first week will involve becoming PADI certified. A student with uncontrolled asthma, respiratory problems, anxiety or claustrophobia, or significant allergies will be restricted from this course. Participants must be able to swim and will be required to pass a swim test given by the dive instructors. Participants must provide their own masks, fins, snorkels, and wetsuits. Students may be required to have certain inoculations. A valid passport for U.S. citizens and additional travel documents for international students are required. The purchase of travel insurance is mandatory.

What will I do during this course?
Like many LA students before you, you will experience the thrill of a lifetime as you explore, in depth, one of the greatest ecosystems our planet has to offer, the coral reef of Belize. To enhance this experience, you will learn to scuba dive and receive certification from the Professional Association of Diving Instructors (PADI). Since Belize displays one of the best examples of biodiversity, it is considered one of the finest outdoor classrooms in the world. You will study the mangroves, the sea grass beds, and the reef itself to learn more about the creatures that live there. Only a handful of cayes (pronounced like “keys”) are located on the barrier reef, and we are fortunate to be staying on South Water Caye, home to the International Zoological Expedition (IZE) marine station and lodge.

What will I learn from this course?
You will undergo PADI scuba training, with the opportunity to earn Open Water Scuba Diver certification. Basic instruction includes a three-part training course: confined-water skills, written work, and open water checkout dives. You will explore firsthand the wonders and mysteries of the coral reef, the sea grass beds, and the mangroves, complemented by evening lectures, night snorkels, field observations, and student-designed experiments.

Who will lead this course?
Mr. Johnson, a math teacher who has led trips to Europe, The British Virgin Islands, Costa Rica and within the United States, is excited to relearn how to scuba dive. He also finds that snorkeling on the coral reef one of the finest activities in the world. Mr. Brescia, an ESL teacher who enjoys snorkeling in lakes and ponds during his summers, is eager to try out scuba diving. Throughout this course, several PADI-certified instructors/dive masters provided by IZE will closely supervise our group. IZE maintains the highest standards of diving safety and supervision. To learn more about IZE, visit its website at www.ize2belize.com.

Visual Jouraling on the Edge of the World

Ms. McGowan and Ms. Larissa Smith
Max students: 14
Cost: $2750

Advisory: Due to high airfare, we may be leaving on Sunday March 2. Students should expect moderate hiking and long stretches of time outdoors in 60 degree weather. A valid U.S. passport for U.S. citizens and additional travel documents for international students are required. The purchase of group travel insurance through the school is mandatory.

What will I do during this course?
Before it was discovered that the world was round, the coast of Portugal was thought to be the edge of the world. We will be exploring this area of the world with portable sketchbox and easel. Painting from life, known as plein air painting, has its roots in 19th century impressionism painting in Europe. Painting in nature where you will be capturing the moment and the light is unlike any other painting technique and will sharpen your skills in a way not possible in a studio. You will be choosing locations then concentrating completely on what is in front of you. Channeling your senses from sight and sound to temperature and atmosphere into a visual interpretation, you will be capturing an immediate impression of your surroundings. The tranquility of a cork forest, the liveliness of an outdoor market, the integrity and colors of a fishing harbor, the faces and figures in a cityscape will be some of your subjects. We will land in Lisbon and spend our two weeks making our way in a southerly direction then back to Lisbon for our departure. Our artist in residence will be conducting demonstrations, and leading discussions of the concepts and principals needed for developing our skills in plein air painting. Our group will make use of some of Portugal’s fifteen UNESCO World Heritage sites, which have been chosen for natural beauty, historic and cultural importance. Direct contact with great art museums, churches, and UNESCO sites will be linked to the visual journaling process.

What will I learn in this course?
Demonstrations, discussions and critiques on the concepts and principals needed for developing skills in plein air painting and drawing will help prepare students for the mental and physical challenges they will face creating art on site. Students will gain a deeper understanding of the artistic process of visual journaling while experiencing the culture and history of Portugal. A community service project will be included.

Who will lead this course?
Partnering with Broadreach, an educational tour organization, LA faculty members Laurie McGowan and Lissy Smith will help lead the way! We will have the expertise of a professional artist as our teacher on site.
Watermedia Painting

Ms. Wooding  
Maximum students: 8  
Cost: $390

What will I do in this course?  
You will create paintings using not only the tricky but gloriously luminescent medium of watercolor, but also other combinations of water soluble mediums. Depending on your interests and skills, you’ll paint with pure watercolor, soft washes combined with graphite pencil, collage combined with watercolor and acrylic paint, or dazzlingly bright watercolor with oil crayon. You will also have the opportunity to visit the Museum of Fine Arts in Boston and studios of two professional watercolorists.

What will I learn in this course?  
You will learn how paint performs according to the type of paper you’re using, how to apply paint with the basic selection of brushes needed for watercolor, which colors are more and less transparent, and how to blend colors. You’ll discover when you need to use crisp, hard edges, and when and how to lose edges. With each painting will come an increased understanding of color, value, and composition, and as you experiment with different subjects and designs, you’ll learn something about what makes your work unique.

Who will lead this course?  
Sharon Wooding has shown her work throughout New England in exhibitions and galleries and has won many awards for her paintings. She was a board member of New England Watercolor Society from 1995 until 2011 and taught visual art at every level for many years. Some of the books she has illustrated include her own *Arthur’s Christmas Wish* (Athenaeum Publishers) and *The Painter’s Cat* (Putnam), as well as *Molly’s Family* by Nancy Garden (Farrar, Straus & Giroux). You may see Ms. Wooding’s paintings and illustrations on her website: www.sharonwooding.com.

Yoga Beyond the Mat

Ms. Meghan Smith and Ms. Kim Johnson  
Maximum students: 16  
Cost: $690

Advisory: Students should expect to be physically challenged as we will be doing yoga each day. This course provides an excellent opportunity for athletes to condition for their spring sport.

What will I do in this course?  
Come explore the 5000-year-old body-mind discipline of yoga. Immerse yourself in its time-honored traditions as we travel through its history and experience its myriad benefits. As yogis, we will practice daily and come to understand each pose fully.

We will emphasize proper alignment, breathing techniques, meditation, and the powerful connection between mind and body. We will travel to local yoga studios to sample various styles of Hatha, Kundalini, and Bikram yoga, as well as the Chinese form of Tai Chi. Often mistaken to be only a physical discipline, yoga also offers benefits that stretch beyond the mat, promoting healthy nutrition and character development.

Our journey will culminate with a trip to the Kripalu Center for Yoga and Health in the scenic Berkshire Mountains of western Massachusetts. There we will join traditional yoga classes, walk the beautiful grounds, hike peaceful woodland trails, and eat healthy meals prepared by Kripalu chefs.

What will I learn in this course?  
Students will develop a full understanding of yoga culture. In addition to physical benefits, students will develop better discipline; will learn to reduce stress, increase energy, and improve concentration; and will increase awareness of their world.

The yoga way of life is a commitment to overall wellness. A local chef and nutritional counselor will demonstrate healthy eating choices through cooking classes, using wholesome and locally-grown ingredients. Because yoga’s philosophy is one of personal growth, one full day will be devoted to character development. With a local Grand Master, students will engage in a seminar that emphasizes goal-setting, controlling thoughts and habits, leadership activities, and attitudinal growth.

Who will be teaching this course?  
Kim Johnson is a Registered Yoga Alliance yoga instructor and Reiki practitioner with over twelve years experience. She owns Namaste Yoga-The Athlete’s Yoga where she trains high school and college age athletes. She is devoted to helping student/athletes prevent injury, enhance academic athletic performance, and overcome physical and psychological challenges. Meghan Smith, teaches English in the Ninth Grade Program and has practiced yoga for the past four years. She is looking forward to exploring the yogic lifestyle more deeply.
photos from WINTERIM 2013
10 Important Points to Keep in Mind

(Complete information can be found in the introduction to this booklet.)

1. Parents should actively help their children choose the courses that are best for them.

2. Students should follow their own interests when choosing courses. Courses popular with their friends may not truly match their own interests.

3. Read course advisories carefully. They provide necessary information about health and skill requirements, as well as about early departures and late returns.

4. Select all five course choices carefully, as the lottery may place a student in any one of them.

5. Families will be required to purchase travel insurance for courses that require air travel.

6. Once students are placed in a course, families become responsible for course tuition, even if students later want to leave that course. Again, consider course choices carefully.

7. The deadline for requesting financial aid is Monday, November 11, 2013. Grants will be announced before students depart for Thanksgiving vacation.

8. Senior and junior course selections are due by 3:00 p.m., Wednesday, December 4, 2013. Sophomore and freshman forms are due by 3:00 p.m., Tuesday, December 10, 2013.

9. Absences of any length may result in losing Winterim credit and will require summer make-up work. Legitimate illnesses and emergencies will be dealt with on an individual basis.

10. Winterim is a requirement for graduation. If a student does not earn credit for a Winterim course, he or she will be required to make up the missing requirement during the following summer, according to specific program guidelines.