



Dear Physician,

_____, a Lawrence Academy student-athlete, sustained a head injury while participating in _____ on _____. Lawrence Academy has a protocol for managing these injuries both academically, and in regard to return to play. This procedure is briefly outlined below.

1. All student-athletes who sustain head injuries are required to be evaluated by their Primary Care Provider, and have a normal physical and neurological examination prior to being permitted to progress to activity. This includes athletes who were initially referred to the Emergency Department. These athletes are also required to follow up with their PCP.
2. Student-Athletes are followed on a daily basis at school, by a certified athletic trainer and/or health office nurse. Temporary academic accommodations may be given based on the student-athlete's symptoms, neurocognitive scores, and any physician recommendations. This is coordinated through the school nurse, in conjunction with the student's academic advisor and other administrators. **Please provide a medical note with specific detailed accommodations as needed.**
3. In addition to the physical exam, two other criteria must be met prior to clearance for return to play:
(a) the student-athlete must be asymptomatic, at rest and with exertion, (unless dictated differently per the concussion specialist), and
(b) the student-athlete's post-injury neurocognitive testing data must be within normal range of the student-athlete's baseline neurocognitive testing scores, if available. Lawrence Academy currently utilizes either SAC, BESS/SWAY, KING-DEVICK or ImPACT testing for pre and post injury assessment of concussion. *The athletic training staff, in consultation with the school nursing staff, school and team physician and/or school concussion consultant, reserve the right to continue to withhold a student-athlete from participation until the school medical staff deems fit.*
4. Student-athletes who have been cleared to progress to activity are progressed following a stepwise procedure, as recommended by the National Athletic Trainers' Association Position Statement on Management of Sport-Related Concussion in addition to Massachusetts State Regulations. A summary of this student-athlete's testing data can be forwarded to your office upon request and with student/parent written permission. Please feel free to contact us in regard to this student-athlete's care.

Frank Mastrangelo, ATC, LAT, EMT
CMAA-Assistant AD, Head Athletic Trainer
978-987-1688(c) fmastrangelo@lacademy.edu

Rebecka Fillion, ATC, LAT
Assistant Athletic Trainer
508-922-5528 rfillion@lacademy.edu

Lawrence Academy
Athletic Training Office: 978-448-1551(o) 978-448-1588(f)